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7.2 Conclusion

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The project produced the generic DigiNurse Model, which was the first of the three intellectual outputs of the project. Using the DigiNurse Model, the students practiced digital coaching during their studies and felt that they were better equipped than before to take on the challenges of digitalisation in healthcare settings. The DigiNurse Community, the second intellectual output, continues to expand. The third intellectual output consisted of the DigiNurse guidelines. This e-book includes the guidelines, and therefore one can say that all three goals (intellectual outputs) of the DigiNurse project are achieved. The e-book includes guidance on how to provide quality face-to-face and digital coaching to patients with a chronic condition. In conclusion to the project process, we introduce the following recommendations for the implementation of the model:



The recommendations in implementing the DigiNurse Model:

- Enclosing ethical considerations in every aspect
- Using active pedagogical methods and approaches
- Utilising evidence-based knowledge and skills in teaching and coaching
- Encouraging innovative perception of digital and technological possibilities in learning, teaching, coaching, self-management support and nursing
- Designing student-centred approaches
- Creating and preserving a safe learning environment of trust and a sharing zone
- Utilising coaching methods and tools in teaching and learning
- Incorporating digital methods and technological tools to teaching and learning
- Encouraging and joining the international multidisciplinary co-operation, collaboration and teamwork, e.g. the international DigiNurse Community and international exchanges between students of different nursing schools

The end of the project approaches. The TAMK team would like to thank you all, dear project members and students of each institution. It has been enjoyable to make an acquaintance with you, to collaborate with you, and to celebrate with you! We have been lucky, because we have had a project team of great persons, great personalities and, especially, great professionals. We have generated ideas, and supported and encouraged each other. We have also agreed and disagreed, discussed and rediscussed, but always finally reached a consensus. Thank you all!

Furthermore, at each project institution there are a lot of people who have worked hard and participated in many ways in this DigiNurse project. Equally, all the stakeholders and participants in different events have provided valuable feedback throughout the project. They have enabled the project's success. We cordially thank you all from the bottom of our hearts. Thank you!

References

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