GUIDANCE BOOKLET

FOR PARENTS OF CHILDREN IN ILENPIHA DAY CARE
Created by:

Liina Paulasaari
Laurea University of Applied Sciences Bachelor's Thesis

in cooperation with Illenpiha Day Care Center
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Welcome to Illenpiha Day Care

Brief introduction

Illenpiha Day Care Center (Illenpiha 6, 01520 Vantaa) is a public day care center, catered to care for 0-6 year-old children, located in the heart of Kartanonkoski. The day care is made up of two buildings with a shared play ground area. Illenpuisto Day Care Center and the Open Day Care of Pakkala also belong to the same unit and all are directed by Sari Eskola (09 83925090 / sari.esko@vantaa.fi).

Groups:

Main Building

Patruunat (0-3 year old’s group)
043 827 0253  pk.illenpiha.patruunat@vantaa.fi
Kisällit (3-5 year old’s group)
050 303 2900  pk.illenpiha.kisallit@vantaa.fi
Timpermannit (3-5 year old’s group)
050 303 3169  pk.illenpiha.timpermannit@vantaa.fi
Lukkarit (part-day day care group)
043 827 0254  pk.illenpiha.lukkarit@vantaa.fi
Hoitoapupalvelu *Lukkarit (child care assistance)
043 827 0254  lukkarit.illenpiha@vantaa.fi

Illenpolku Building
(kindergarten)

Keltaiset  keltainen.illenpiha@eduvantaa.fi
043 826 1971
Vihreät  vihrea.illenpiha@eduvantaa.fi
043 826 9172
Siniset  sininen.illenpiha@eduvantaa.fi
Floor Plan

Illenpiha Building

Kitchenn
Timpermannit
Lukkarit
Small group space / storage
Gym
Kisälilt
Patruunat

Illenpolku Building

Keltaiset
Vihreät
Siniset
<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.15-8.45</td>
<td>Breakfast</td>
</tr>
<tr>
<td>9.00-10.30</td>
<td>Planned activities (Play/Outdoor activities/Small group activities)</td>
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<tr>
<td>10.45-11.00</td>
<td>Circle time</td>
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<tr>
<td>11.00-11.45</td>
<td>Lunch</td>
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<tr>
<td>12.00-14.00</td>
<td>Nap time</td>
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<tr>
<td>14.00-14.30</td>
<td>Snack</td>
</tr>
<tr>
<td>14.30-15.30</td>
<td>Play time</td>
</tr>
<tr>
<td>15.30-17.00</td>
<td>Outdoor play</td>
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<tr>
<td>Time</td>
<td>Activity</td>
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<td>Play time</td>
</tr>
<tr>
<td>15.30-17.00</td>
<td>Outdoor play</td>
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Essentials for Day Care

Please note

Your child will spend a significant amount of their day at day care. To ensure your child’s happiness and wellbeing, Illenpiha day care expects you to provide necessary items, which make your child’s daily life at day care comfortable. Items that should be kept at day care at all times include the following:

Rain Clothes
- Rain coat
- Rain pants
- Wellies
- Rain mittens

Spare Clothes
- 2 Tops
- 2 Bottoms
- 1 Pair of socks / Tights
- 2 Pairs of underwear

Other
- Indoor slippers
- Bag
- Family picture
- Water bottle
- Xylitol pastilles

Seasonal
- Winter
  - Spare hat
  - Spare gloves
- Summer
  - Sun screen

If 3 years old or under / if needed
- Spare diapers
- Baby comforter / Sleep toy
- Binkie and bottle

Please remember to write your child’s name on each of their belongings (clothing, toys, etc.), as they might get lost!
ii. What to dress your child in

< +20 dress child in and bring to day care:
- T-shirt or a thin long-sleeved shirt
- Pants or shorts
- Socks
- Sneakers or sandals
- Cap
- Sunglasses

< +10 dress child in and bring to day care:
- Shirt
- Pants
- Socks
- Thin jacket & thin outdoor pants
- Hat or cap
- Sneakers
- Thin mittens or gloves

> +10 dress child in and bring to day care:
- Shirt
- Pants
- Socks or tights
- Jacket & outdoor pants or outdoor overalls
- Beanie
- Mittens or gloves
- Neck warmer
- Boots or thick shoes

0~ -10 dress child in and bring to day care:
- Shirt
- Pants
- Socks or tights
- Wool socks
- Fleece/wool jumper & pants or suit
- Thick winter jacket & outdoor pants or winter overalls
- Beanie
- Thin mittens & mittens or gloves
- Neck warmer & scarf
- Boots or thick shoes

*Incase the bitterness by frost is -10°C or more, we DO NOT go outdoors with children under the age of 3.

*Incase the bitterness by frost is -15°C or more, we DO NOT go outside with children in day care.
Useful links

i. Materials in Finnish

Vantaa’s homepage for Illenpiha day care

Illenpiha day care’s description of operations (2017-2018)

Picture guidebook for parents (starting at day care)

The Early Childhood Education Plan of Vantaa (2017)

Basic information about the individual early childhood education plan

In-depth information on the individual early childhood education plan (Finnish National Agency for Education)

The model form of the individual early childhood education plan (Finnish National Agency for Education)

ii. Materials in English

Basic information on the individual early childhood education plan

The model form of the individual early childhood education plan (Finnish National Agency for Education)

How the individual early childhood education plan is created (Finnish National Agency for Education)